

## **Purpose Statement**

# **SEG Awards Level 5 Diploma in Psychology – 610/4246/8**

## **Overview**

The SEG Awards Level 5 Diploma in Psychology aims to guide learners towards higher level Psychology study or careers related to the topics within the Diploma. The qualification explores the scientific study of mind and behaviour, to gain an understanding of how individuals think, feel, and behave in various situations.

The qualification covers:

- An introduction to Health Psychology as an applied topic within Psychology which looks at the historical role of Health Psychology in the broader field of Psychology, models of health, the role of the body's systems on health, as well as the impact of stress on the body and mind. There will be focus on the environment, nutrition and media as having impacts on our overall health and wellbeing.
- An overview of Cross-Cultural Psychology which highlights the advantages of cross-cultural research, the universal and variable aspects of human behaviour as well as the influences on and studies in perception. Learners will consider cultural learning and child rearing as well as the impact of moral development.
- Individual differences will consider theories, models and tools that explain intelligence, personality, human motivation in the study of humans as emotional beings. Learners will make use of diagnostic tools to measure human behaviour.
- As well as studying aspects of Health Psychology, learners will explore the history of mental health disorders, how they are assessed as well as the controversy around mental health disorders and the cultural differences within diagnosing the range of mental health disorders.
- As a response to mental health disorders, learners will be able to explore the emergence of psychological therapies to treat mental health disorders, the role of professionals within the field of psychological therapy and the ethical issues involved in the field of psychological therapy. Learners will also consider the role of pharmaceuticals within the treatment of psychological distress or illness.
- Having already explored research methods, learners will apply this knowledge and understanding to a psychological research project. Learners will design a research study, apply ethical considerations, collect, analyse, and present data and present a research report on a chosen topic.

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### Who is this qualification for?

The SEG Awards Level 5 Diploma in Psychology is designed for learners, **18 years of age and over**, who have an ambition to gain a foundation of knowledge and understanding of relevant theories, principles and methodologies associated with the study of Psychology.

Prospective learners are required to have the following qualifications prior to registering on the SEG Awards Level 5 Diploma in Psychology:

- GCE A Level or equivalent, or an appropriate school leavers certificate deemed by Skills and Education Group Awards to be of a similar level.

### What does the qualification cover?

The SEG Awards Level 5 Diploma in Psychology builds on previous knowledge of Psychology to explore subjects in more detail at this level to cover:

- human intelligence and personality and what motivates us in the social world
- comparing models of Health
- evaluating psychologists' perspectives of what it means to be healthy
- what happens on a physical, emotional, and social level when a person becomes ill

These topics will be further explored through perspectives, theory, and models, by evaluating types of mental health disorders, and the ways in which professionals seek to resolve mental health issues for individuals. Cross-cultural studies will link to all the topics within the Diploma, and by researching for, and creating a research project, the learner will bring their understanding of the work of psychologists, to understanding the mind and behaviour of humans.

The key areas covered include:

- Health Psychology
- Cross-Cultural Psychology
- Individual Differences
- Mental Health Disorders
- Psychological Therapy
- Psychological Research Project

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### **What could this qualification lead to?**

The knowledge and skills gained will prepare learners to progress onto higher programmes of study in Psychology and related subjects, as well as provide an opportunity to explore a range of professions where an understanding of psychology is relevant.

Centres should be aware that Reasonable Adjustments, which may be permitted for assessment, may in some instances limit a learner's progression into the sector. Centres must, therefore, inform learners of any limits their learning difficulty may impose on future progression.

### **Further Information**

Further information on this qualification can be found on the Skills and Education Group Awards website.

[Skills and Education Group Awards](#)